SHMITA: PLANTS

Watering the Ground during Shmita

In *Eretz Yisrael*, you may not pour water on the ground during a *shmita* year if plants will benefit.

Spitting Seeds During Shmita

In *Eretz Yisrael*, you may spit seeds on the ground during a *shmita* year as long as they are inedible.

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