SHABBAT: KIDDUSH

SHABBAT: KIDDUSH: REQUIREMENTS

Shabbat: Kiddush: Requirements

To do *Shabbat kiddush*,

- Say, or hear, the *Shabbat kiddush* blessings/segments, and
- "Establish a meal" (*kovei'a se'uda*).

For details, see How To Do *Shabbat* Evening *Kiddush* or How To Do *Shabbat* Daytime *Kiddush*.

NOTE There is never any requirement on an indvidual to drink *kiddush* wine (except at the Passover *seder*), but the *kiddush* wine must be drunk by one or more persons.

To fulfill *kiddush* requirements of "establishing a meal," you need not drink the wine or grape juice (but someone must drink it). Instead, you may hear *kiddush* and then simply eat the required amount of bread or *mezonot* (see above). This applies to *Shabbat* or *Jewish festivals*, evening or morning.

SHABBAT: KIDDUSH: WHO MAY MAKE

Jewish Man or Woman Making Kiddush

As on *Jewish festivals*, any adult Jew, male or female, may say *kiddush* for him/herself and also include any other Jews of any age or gender.

REASON Any person who may fulfill the *mitzva* of *kiddush* may say it for another person.
NOTE Women are obligated to say (or have said for them) *Shabbat* morning *kiddush*.

SHABBAT: KIDDUSH: WHAT TO DRINK

Ideal Kiddush Beverage: Wine/Grape Juice

Wine (or grape juice) is the ideal and proper beverage for *kiddush* (and *havdala)*.

REASON Wine is considered to be a prestigious beverage.

Diluting Kiddush Wine

There is no need to dilute wine before drinking it.

SHABBAT: KIDDUSH: HOW MUCH TO POUR

Pour Revi'it for Shabbat Kiddush

As on *Jewish festivals*, the minimum volume of *kiddush* beverage on which you may say *Shabbat kiddush* (or *havdala*) is a *revi'it*, as follows:

- 4 fl. oz. (119 ml) for *d'oraita* cases such as *Shabbat* (or first-day *Jewish festival*) evening *kiddush*, and
- 3.3 fl. oz. (99 ml) for *d'rabanan* cases such as *kiddush* for *Shabbat* lunch.

How High To Fill Shabbat Kiddush Cup

Ideally, fill your *kiddush* cup to just above the rim, even if the cup is larger than 4 fl. oz. (119 ml). Don't make the cup overflow.

NOTE If you did not fill it to the rim, it is still OK.

If Not Enough Wine

If there is not enough wine or grape juice for *Shabbat* (or *Jewish festival kiddush)* and *havdala:*

- Set aside the first cup for *havdala*; then, if there is one more cup,
- Use it for the morning *kiddush*.
- See How To Do *Shabbat* Daytime *Kiddush* and How To Do *Shabbat* Evening *Kiddush* .

SHABBAT: KIDDUSH: CUP & WINE BOTTLES

Shabbat: Your Own Kiddush Cup

As on *Jewish festivals*, if you want to drink *kiddush* wine, you may hold your own cup of wine (or grape juice) during *kiddush* or receive wine or grape juice from the *kiddush* leader's cup, but neither is required.

Shabbat: Kos Pagum

Do not use a *kos pagum* for *kiddush*. *Kos pagum* means either:

- “Physically damaged or broken drinking utensil": (You may not use such a cup for *kiddush l'chatchila*), OR
- Cup of wine, grape juice, or any beverage that has been drunk from.

  This beverage may not be used for a *kos shel bracha* until at least a small amount more of some beverage has been added to the existing beverage.

Shabbat: Uncovered Wine Bottles/Cups

You do not need to close the wine bottle or cover the other wine cups while the first of several people says *kiddush*, whether on *Shabbat* or *Jewish festivals.*

Shabbat: Washing Wine Glass

There is no need to wash a wine glass before using it if it is already clean.

Shabbat: Pouring Back Wine

You may pour excess wine from *kiddush* back into the bottle as long as there is more wine already in the bottle than what you are pouring back and as long as the bottle has been *toveled*.
If there is less wine in the bottle than in your glass, you must pour at least one drop of wine from the bottle into your wine glass or cup before you pour it back into the bottle.

SHABBAT: KIDDUSH: HOW MUCH TO DRINK

Drinking Cheekful for Shabbat Kiddush

As on *Jewish festivals*, the minimum total volume of *Shabbat kiddush* beverage that must be drunk--usually by the *kiddush*-maker (*mevareich*) but it may even be by several people combined--is a cheekful (*m'lo lugmov*), as follows:

- 2 fl. oz. (59 ml) within 30 seconds of beginning to drink for *d'oraita* cases such as *Shabbat* evening *kiddush* (as well as first-night *Jewish festival kiddush* and all havdalas), and
- 1.7 fl. oz. (50 ml) within 30 seconds of beginning to drink for *d'rabanan* cases such as *Shabbat* lunch *kiddush* (as well as first-day *Jewish festival* lunch *kiddush* and all second-day *Jewish festival* kiddushes).

NOTE If no one drinks the *kiddush* beverage, a blessing was made in vain (*bracha l'vatala*), and the commandment to say or hear *kiddush* has not been fulfilled.

SHABBAT: KIDDUSH: WHEN TO SPEAK OR DRINK

When To Drink or Speak after Kiddush

Once the leader (*mevareich*) has said *kiddush* for other people and someone has drunk at least 2 fl. oz. (59 ml) of wine (or other appropriate beverage) over which *kiddush* was made, you may:

- Speak, even without having drunk anything yourself.
- Drink.
- Eat.

SHABBAT: KIDDUSH: WHEN TO BLESS AFTER KIDDUSH

When You Must Say the Kiddush Blessing after Hearing Kiddush

You must say the blessing on wine if you:

- Heard *kiddush*, then
- Spoke, and
- Now want to drink some wine, even from the cup over which *kiddush* was made.

NOTE If you heard someone make *kiddush* over a *she'hakol* beverage and you drank from that cup, you must say *borei pri ha'gafen* before drinking wine or grape juice later in the meal.

SHABBAT KIDDUSH: STANDING OR SITTING

Shabbat: Kiddush: Standing or Sitting

Various customs apply to whether to stand or sit during *kiddush* (or *havdala)*. Follow your tradition.

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