Attire: Married Women: Hair-Covering Guidelines

Married women should cover their hair when they leave their "*chatzeir*," which may mean house, yard, or domain. Married women should not appear in public without covering their hair.

NOTE It is an act of piety for married women to always cover their hair. (For extenuating circumstances, consult a *rabbi* for exceptions).

NOTE A married woman may have her hair exposed as long as its area is less than 1 square *tefach* (3.5" x 3.5", or about 9 cm x 9 cm). To measure this, add up all exposed hair to get a total area, flattened to two dimensions, as if it were a silhouette. It is an act of piety for married women to completely cover their hair.

To measure braided or bunched-up hair or hair in a pony tail, simply measure the cross-sectional area *as it is*. You do not need to measure the hair as if it were spread out flat.

When wearing a baseball-type hat, hair may be exposed on all sides, as long as the total exposed hair is less than 3.5" X 3.5."

To wear a "*kipa sheitl*," you may wrap your real hair around the *sheitl*, but only up to a total of 3.5" x 3.5."

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