Introduction to Shalom Bayit

Shalom bayit is a family at peace, as one unit. When leniencies in law are used to avoid intrafamily conflicts, customs and *d'rabanan halachot* can sometimes be overridden. But *d'oraita halachot* may not be violated. Consult a *rabbi*.

SITUATION

You want to go to *minyan* but your wife is overwhelmed with trying to feed several children and she asks you to help.

WHAT TO DO

You must miss *minyan* and help her since your wife's needs take precedence over your wish to pray with a *minyan*.

NOTE With *shalom bayit* problems between spouses**,** a *rabbi* should be consulted for details.

NOTE Once someone is married, his or her in-laws are part of his or her family and are included in *shalom bayit* rules.

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