

# Birkat HaMazon: Eating for Minyan

You may say birkat ha'mazon with a minyan if:

- At least seven men washed, said ha'motzi, and ate bread, with
- Enough other men who ate some food (anything other than water or salt) to total 10 men.

**NOTE** If the 10 men's eating overlapped in time with each other, they MAY say birkat ha'mazon with a minyan.

If the 10 men began eating at the same time, they MUST say birkat ha'mazon with a minyan.