# Volume/Solid

### *K'Zayit*

*K'zayit* is variously defined as being the volume of 1/3, ½, or 1 whole egg; 0.6 - 1.9 fl. oz. (18-56 ml), depending on the application.

NOTE For d'*oraita* requirements such as *seder*, we are stringent (*machmir*) and use the larger amount of 1.9 fl. oz. (56 ml). For d'*rabanan* rules, we are more lenient and use only 1.3 fl. oz. (39 ml, or 1/6 cup).

- *K'zayit* for *Seder Matza* and *Afikoman:* 1.9 fl. oz. (56 ml) of *matza*.
- *K'zayit* for *Bracha Achrona* and *Birkat HaMazon:* 1.3 fl. oz. (39 ml, or 1/6 cup) of solid food.

### *Beitza, K'Beitza*

*Beitza*, *K'Beitza* = 1.9 fl. oz. (56 ml); an egg size by definition.

NOTE For an *etrog*, which must be at least 1 egg volume, today we use a minimum of 2 egg volumes.

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