When Haircuts and Shaving Are Forbidden

Here are the times when men and women are forbidden to get haircuts and men are forbidden to shave, including their necks (from most severe restrictions to least):

Most Severe Restrictions

- Mourner for parents (no shaving for the first 30 days and no haircut until three months after his or her previous haircut).

  NOTE If mourning for other relatives, you may get a haircut after 30 days.

- From Saturday night before *Tish'a B'Av* until the evening after *Tish'a B'Av*.
- *Chol ha'moed*.

Next Most-Severe Restrictions

Shiv'asar B'Tamuz (17th of *Tamuz*) until the evening after the *Shabbat* preceding *Tish'a B'Av.*

Least-Severe Restrictions

During 33 of the 49 days of counting the *omer* (*sefirat ha'omer*); that is, either from the second day of *Passover* until *Lag Ba'Omer* (33rd day of the *omer*) OR from *Rosh Chodesh Iyar* until the day before *Shavuot*, according to your custom.

NOTE Conditions that may allow leniency are if you might lose your job or otherwise lose a large sum of money.

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