

# Mikva in Nature: Rabbinic Guidance

Rabbinic guidance is recommended when using a river, lake, or spring as a mikva due to:

- Problems of mud, dirt, or sand, and
- Difficulty in checking if the person is fully underwater,
- It might not be a kosher mikva.

**NOTE** This section applies to the immersion of both utensils and people, since the same principles apply.