## How To Wash Hands the One-Time Method

To wash hands the One-Time Method:

- Fill the washing cup with at least 3.3 fl . oz. ( 99 ml ) of water.
- Pour enough water (may be as little as 1.3 fl . oz.-- 39 ml , or $1 / 6 \mathrm{cup}$ ) from the washing cup to completely cover your entire first hand (either hand may be first but it is proper to wash your right hand first).
- Pour enough water to completely cover the second hand.

NOTE You do not need to pour any more than that or to break up the revi'it into two pours.
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