Tum'a: Scratching your Head

You must wash your hands (the *One-Time Method*) if you scratch your head on a place where you have hair. You do not need to wash your hands if you:

- Touch your hair
- Scratch a bald spot.
- Rub your head instead of scratching it.

REASON	Scratching your head (where there is hair) causes *tum'a* because of any impurities that may be there.
NOTE	Even if you have just shampooed your hair, you must still wash your hands.

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