Eating before Shabbat Midday

Don't fast on *Shabbat* (except *Yom Kippur*!) past *halachic midday*:

- If you will not finish *shacharit* before *halachic midday*, you should eat or drink earlier in the day, even before you begin *shacharit*—water can be sufficient for this purpose.
- If you will finish *shacharit* but not *musaf* by *halachic* midday:
    - Finish *shacharit*,
    - Make *kiddush*,
    - Eat some *mezonot*, and then
    - Return to say *musaf*.

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