How To Do Shabbat Evening Kiddush

To fulfill the two requirements for Shabbat evening kiddush:

- 1. Say, or hear, the *Shabbat* evening *kiddush* blessings/segments:
 - <u>Borei pri ha'gafen</u> (on wine or grape juice only), OR <u>Ha'motzi</u> (on two <u>challot</u> if you have no wine or grape juice, as <u>chamar medina</u> is not permitted for <u>Shabbat</u> evening <u>kiddush</u>. See <u>Challot</u> for Evening <u>Kiddush</u>) AND
 - Mekadeish HaShabbat.
- 2. Establish a *halachic* "meal" (*kovei'a se'uda*) by either:
 - Drinking 4 fl. oz. (119 ml) of wine (or grape juice) within 30 seconds, OR
 - Eating at least 1.9 fl. oz. (56 ml) of bread or *mezonot* of any type (within 4 minutes) shortly after saying or hearing *kiddush*.
- NOTE For evening *kiddush*, the custom is to go straight to the meal without delay (with no *mezonot* or snacking first). *B'di'avad* if you snacked, it is still OK.

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