

Shabbat: Candles: How To Do Blessing: Women

Here is the order for blessing over the Shabbat candles by women:

- Light the candles,
- Put your hands in front of your eyes (this a universal custom), and
- Say the blessing lehadlik ner shel Shabbat.

NOTE It is a custom to make requests at candle lighting, but rabbinic guidance may be helpful in how to structure the request.