Shabbat: Candles: Lighting with Delay until Sunset

Under extenuating circumstances, women may make a "condition" by saying "I am lighting <u>Shabbat</u> candles but not starting <u>Shabbat</u> until sunset" to delay <u>Shabbat</u> until sunset, when it will begin anyway.

NOTE Women should not routinely start <u>Shabbat</u> at sunset since the proper time for women to begin <u>Shabbat</u> is at candle lighting (typically 18 minutes before sunset).

REASON An opinion exists that <u>Shabbat</u> actually begins at 18 minutes before sunset; that is the origin of this time for women to begin <u>Shabbat</u>.

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