Where To Add Personal Requests in Amida

You may add personal requests to the *amida* on weekdays (not *Shabbat* or *Jewish festivals*) in these prayers:

- For livelihood:
    - In the *amida's* 9th paragraph (*bareich aleinu)*, between *mi'tuvecha* and *u'vareich shnateinu*.
- For a general request:
    - In the *amida's* 16th paragraph (*shema koleinu*), before *ki ata shomei'a.*
    - Even better, just before saying *yihiyu l'ratzon*.

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