

# What To Skip To Catch Up in Shacharit

If you arrive late for a shacharit minyan, or if you are lagging behind the leader, you may skip all of psukei d'zimra to catch up--except for:

- Baruch she'amar,
- Ashrei, and
- Yishtabach.

You may also not skip any parts from yishtabach to the amida.

**NOTE** After you have said the amida, you do not need to return to say the rest of psukei d'zimra.

**NOTE** This should not be done routinely. It is better to pray alone or to say the amida along with the leader during the reader's repetition of the amida in order to allow yourself time to say the psukei d'zimra.