Kashrut: Dairy/Meat: Waiting between Eating: Meat after Dairy

To eat meat-containing food after eating *dairy* food:

- Wait half an hour, or
- You must:
    - Drink (or rinse your mouth with) some neutral/*pareve* beverage, and
    - Eat some neutral/*pareve* solid food.

REASON There may still be some *dairy* remaining in your mouth.

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