Arm Tefila: How To Finish

- Unwrap the excess strap from your palm and wrap it three times around your middle finger while saying the three "*v'eirastich li*" phrases, one for each wrap.
- Wrap the strap around your palm in the shape of the *Hebrew* letter "*shin.*"
- Wrap the excess around your palm and tuck in the end of the strap to keep it tight and out of your way.

NOTE You may not say *amen* or reply to *kaddish* or *kedusha* if you have said the blessing on your arm *tefila* but have not yet said the blessing on your head *tefila*.

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