Rosh Hashana: Symbolic Foods (Simanim): Which Foods

Eating the special symbolic foods (*simanim*) on *Rosh Hashana* evening is a universally accepted custom. These may include:

- Apple Dipped in Honey
- Beets
- Black-eyed Peas
- Carrots
- Dates
- Fish Head
- Leeks
- Pomegranate

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