

# Rosh Hashana: Symbolic Foods (Simanim): Which Foods

Eating the special symbolic foods (*simanim*) on Rosh Hashana evening is a universally accepted custom. These may include:

- Apple Dipped in Honey
- Beets
- Black-eyed Peas
- Carrots
- Dates
- Fish Head
- Leeks
- Pomegranate