Jewish Festivals: When You May Take a Painkiller

You may take a painkiller on the first day of *Jewish festivals* if the pain:

- Affects your entire body, or
- Keeps you awake.

NOTE This also becomes the criterion for whether to take the pain killer during the daytime: if the pain you feel during the day would keep you awake if you were trying to sleep.

NOTE You may take painkillers without any restrictions on the second *Jewish festival* day (except *Rosh Hashana*).

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