

# Borei Pri HaAdama: Which Foods: General Rules

Say borei pri ha'adama on:

- Common vegetables,
- Fruits and nuts that grow on annual plants (such as pineapple, bananas, strawberries, peanuts), and
- Uncooked or unbaked grains, including those not of the Five Special Grains.

**NOTE** For when to say *she'hakol*, see [Borei Pri HaAdama: Sprouts](#) .