Fore-Blessing: Which Grains: Mezonot/Non-Mezonot Combinations: Ice Cream Cone

The fore-blessing for ice cream cones depends on which part you prefer to eat:

SITUATION 1 You like the ice cream more than the cone and would eat it without the cone.
WHAT TO DO Say the fore-blessing of *she'hakol.*
NOTE *She'hakol* covers the cone.

After-blessing

- *Borei nefashot* if you eat at least 1.3 fl. oz. (39 ml, or 1/6 cup--including cone, if you eat the cone) within four minutes.
- No blessing if you eat less than 1.3 fl. oz. in four minutes.

SITUATION 2 You like the cone and the ice cream equally.
WHAT TO DO Say *borei minei mezonot* (this will cover the ice cream).
After-blessing

- *Al ha' michya* if you eat at least 1.3 fl. oz. (39 ml, or 1/6 cup of ice cream plus cone) within four minutes.
- No blessing if you eat less than 1.3 fl. oz. in four minutes.

SITUATION 3 The cone is sweet and you ALSO like the ice cream as much as the cone.
WHAT TO DO

- Say *she'hakol* on the ice cream.
- When you get to the cone, add *borei minei mezonot.*

After-blessing

- *Borei nefashot.*
- Also say *al ha'michya* if the cone totaled at least 1.3 fl. oz. (39 ml, or 1/6 cup) and you ate it within four minutes.

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