Eating Only after Jewish Festival Kiddush

As on *Shabbat*, once you have said the *amida* of *Jewish festival shacharit*, you may not eat any food until you have said (or heard) *kiddush* and finished *kiddush* requirements by either drinking 4 fl. oz. (119 ml) of wine/grape juice or eating at least 1.3 fl. oz. (39 ml, or 1/6 cup) of *mezonot* or bread.

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