## **Appetite for Jewish Festival Dinner**

Do not eat a full meal (meaning, do not eat bread or a lot of <u>mezonot</u>) after <u>halachic</u> midday on the afternoon before a <u>Jewish festival</u>.

REASON To have an appetite for <u>Jewish festival</u> dinner.

NOTE You may eat other food after *halachic* midday the afternoon of (before) the *Jewish* 

festival but you should not eat foods which are filling.

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