Appetite for Jewish Festival Dinner

Do not eat a full meal (meaning, do not eat bread or a lot of *mezonot*) after *halachic* midday on the afternoon before a *Jewish festival.*

REASON To have an appetite for *Jewish festival* dinner.

NOTE You may eat other food after *halachic* midday the afternoon of (before) the *Jewish festival* but you should not eat foods which are filling.

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