# Kri'a: How Often for a Parent

When mourning for a parent, you must tear *kri'a* throughout the *shiv'a* week whenever you change shirts, so it is best to change garments as little as possible! You must wear the torn garment during the entire week of *shiv'a*. Coats do not require *kri'a*.

NOTE Wearing a torn black ribbon pinned to a garment does not fulfill the requirement of *kri'a*.

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