## **Onen Restrictions**

An *onen* is prohibited from doing positive *mitzvot* so as not to be distracted from taking care of the dead body.

An onen may not:

- Do any positive commandment (no blessings, prayers, *shema...*).
- Eat meat or drink wine (until after the burial).
- Work or operate a business.
- NOTE Before the relative dies, if possible, the *onen* should sell his business for whatever days he or she will be an *onen* and in *shiv'a*. Otherwise, the owner may have to close the business until *shiv'a* is over.
- NOTE If there will be a large financial loss, consult a *rabbi*. A large loss is subjective to the individual's actual wealth and also to that person's perception of what is a large loss. Consult a *rabbi* for how much constitutes a large loss.

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