Fore-Blessing: Bread or Mezonot

To be halachically considered “bread,” the item must have been baked and have air holes in it. To determine whether a food made of the *Five Grains* qualifies as bread (*ha'motzi)* or *mezonot* (*borei minei mezonot)*, decide whether the food had been made to be eaten as a meal or as a snack. If it was made to be:

- Bread (that is, for a meal), say *ha'motzi*.
- *Mezonot* (but you will eat a full meal), say *ha'motzi*.
- A snack, say *borei minei mezonot*.

NOTE Some foods may qualify as either *ha'motzi* or *mezonot* (such as pizza).

NOTE If at least 20\% of a bread's flour is from one of the *Five Grains*, say a fore-blessing of *ha' motzi* on the bread (and *birkat ha'mazon* afterward, if you ate at least 1.3 fl. oz. within four minutes).

NOTE Whether the bread/*mezonot* was made with fruit juice instead of water may not affect its blessing, since the blessing is determined by its intended use. *Mezonot* rolls on airline flights may still require the blessing of *ha'motzi* if you eat them as part of a meal.

NOTE Since it does not have air holes, wheat tortillas get the blessing of *mezonot* and not *ha'motzi*.

NOTE The fore-blessing on stuffing made of bread or a bread *kugel* is *mezonot* if none of the pieces are 1 fl. oz. or larger.

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