Fore-Blessings (Bracha Rishona): Which Level To Say

In general, say the highest-level fore-blessing (*bracha rishona*) on a food.

NOTE As some foods get processed by cooking or by other means, they qualify for a higher-level blessing.

EXAMPLES

- Raw, rolled oats only merit the fore-blessing of *she'hakol*. But once the oats are cooked, the blessing of *borei minei mezonot* applies.

  NOTE Raw oats could get the fore-blessing *borei pri ha'adama*, since they grow directly in the earth. But because oats are not normally considered edible when raw, they get demoted to *she'hakol*.

- A raw grape or raisin gets the blessing of *borei pri ha'eitz*. But once made into wine or grape juice, it merits *borei pri ha'gafen*.

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