

BOREI MINEI MEZONOT: INTENDED AS MEAL OR SNACK

Fore-Blessing: Bread-Like Crackers

Fore-blessing for Ryvita and other bread-like crackers :

- Ha'motzi if they are normally eaten as a meal—even if you eat only a small amount. The after-blessing is birkat ha'mazon as long as you ate at least 1.3 fl. oz. (39 ml, or 1/6 cup) within four minutes.

NOTE If you ate less than 1.3 fl. oz. or took more than 4 minutes, do not say any after-blessing.

- Borei minei mezonot if normally eaten as a snack (after-blessing: al ha'michya) .

SITUATION Crackers are normally eaten as a snack, but YOU eat it as part of a meal.

WHAT TO DO Say ha'motzi (after-blessing, birkat ha'mazon).

Fore-Blessing: Bread Sticks

Bread sticks are intended to be eaten as a snack, so say borei minei mezonot and not ha'motzi (after-blessing, al ha'michya).

Fore-Blessing: Crackers

Over crackers, say the fore-blessing borei minei mezonot (after-blessing, al ha'michya).