BLESSINGS: SAYING FOR SOMEONE ELSE

Blessings: For Someone Else: Mitzva/Birchot Mitzva

You may say any blessing on a *mitzva*—such as *kiddush*, *hallel*, *Torah*—for another person, even if you have already fulfilled the *mitzva* for yourself, as long as that other person is required to do that *mitzva*.

EXAMPLE Girls (12 years old and more) and women must fulfill all of the positive commandments of *Shabbat* including *kiddush*. So even after they have already said *kiddush* for themselves, they may say *kiddush* for other Jews, including adult men.

EXCEPTION You may not say *birkat ha'mazon* for someone else.

Blessings: For Someone Else: Pleasure/Birchot Nehenin and Praise-Thanks/Shevach V'Hoda'a

You may say these blessings for someone else only if you also need to say the blessing for yourself:

- Blessings for Enjoyment ("*birchot nehenin*"—such as for food or drink), and
- Blessings of Praise and Thanks (*shevach v'hoda'a*--such as on rainbows or seeing large mountains)

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