

# YEAR OF MOURNING: SHEHECHEYANU

## SheHecheyanu

A mourner (*avel*) is permitted to say she'hecheyanu for himself but should not say she'hecheyanu if required for the congregation. An *avel* should say she'hecheyanu on:

- Eating a “new” fruit.
- Wearing a new garment.
- Lighting Chanuka candles at home for the first time that year.

An *avel* should not do the following, since he should not say *she'hecheyanu* unless it is necessary:

- Light Chanuka candles in synagogue.
- Read the megila.
- Blow shofar on Rosh Hashana.