# WHAT TO PRAY: SET PRAYERS

# WHAT TO PRAY: SET PRAYERS: SHEMA

## SHEMA: MENTAL PREPARATION

#### **Shema: Mental Preparation**

When saying the shema, focus on the idea that God is:

- Everywhere,
- Infinite,
- Unique,
- Present now and always.

#### Witness to God's Uniqueness

We are witnesses to the fact that God is unique, as alluded to in the word "eid"--made up of the "ayin" of *shema* and the "dalet" of echad.

#### Love God

We are required to love God with our:

- Hearts (Good Inclination--yetzer ha'tov--and Evil Inclination--yetzer ha'ra),
- Souls (regardless of whether we are happy with Hashem's decrees or not), and
- "Much-ness" (interpreted to mean with all of our material belongings).

## SHEMA: WHAT TO WEAR

#### What To Wear for Shema in Shacharit

Men should wear a <u>talit katan</u> (for married men, also wear a <u>talit gadol</u>) and <u>tefilin</u> in order to say <u>shema</u> in *shacharit*. However, if none are available, say the *shema* without them.

#### SHEMA: WHAT TO SAY

#### Men and Shema in Shacharit

Men must say shema in shacharit and the blessings before and after.

#### Women and Shema in Shacharit

Women are not required to say the full *shema* or the blessings before it. Even if women do not say the whole *shema*, it is proper for them to say the first line of the *shema* and *baruch shem kevod malchuto l'olam va'ed*.

NOTE If women say entire shema, even though they are not required to do so, it is a mitzva.

#### **Amen before Shema**

Some say the pre-*shema* blessing in *shacharit* or *ma'ariv* with the leader. Best is to finish the blessing before the leader does and then reply *amen* when he finishes saying the blessing.

#### **Baruch Hu before Shema**

Don't say baruch hu u'varuch shemo in response to a prayer leader saying the two pre-shema blessings.

## **Starting Shema before Prayer Leader Says**

If you are late to *shacharit* or *ma'ariv minyan* and start the *shema* before the prayer leader has finished saying "*emet*" at the end of the *shema*, do not say *El melech ne'eman*.

## SHEMA: HOW TO SAY

## **Covering Eyes for First Line of Shema**

Cover your eyes with either hand when saying the first line of *shema*. This is to help prevent distraction. There is no need to remove your glasses first.

NOTE Covering your eyes for the *shema* is a widespread custom, not a *halacha*.

## "Stretching Out" Echad in Shema

Stretch out the first line of the *shema* by pausing after saying "echad" and before saying <u>Baruch shem kevod</u> malchuto l'olam va'ed.

#### **NOTE**

- It is incorrect to stretch out the "chet" + vowel sound (chaaaaaad).
- It is incorrect (and much worse) to say a vowel sound after the "dalet" (echadihhh!), since that changes the word and by doing so, you are not saying the shema.
- The "dalet" stops the sound and should not be pronounced as a syllable.

## **Kissing Tzitziyot in Shema**

Kiss all four <u>tzitziyot</u> in a <u>talit gadol</u> when saying the <u>shema</u>. Just kiss the front two <u>tzitziyot</u> if you only wear a talit katan. Doing either one is a non-binding custom, not a halacha.

#### GA'AL YISRAEL/ HAMELECH BI'CHVODO

# Saying Ga'al Yisrael with Leader or Amen

The prayer leader should say out loud the blessing preceding the <u>amida</u> (<u>ga'al yisrael</u> for <u>shacharit</u>; ha'melech bi'chvodo for ma'ariv). If you:

- Are up to where he is in the prayers, say the last blessing with him (and don't say *amen* but do say *amen* in *ma'ariv*).
- Pray slowly and will not be able to join the *minyan* for saying the *amida*, you should start earlier than the *minyan* and catch up at *ga'al yisrael*.

# WHAT TO PRAY: SET PRAYERS: AMIDA

#### WHAT TO PRAY: SET PRAYERS: AMIDA: PRE-PRAYER

#### **Amida: Bathroom Needs**

If you need to use the toilet, you may not say the amida.

NOTE If you could refrain—even with difficulty--from using the bathroom for 72 minutes after you finish the *amida*, it is OK *b'di'ayad*.

#### **Amida: Intention/Concentration (Kavana)**

When saying any <u>amida</u>, concentrate (at least for the first blessing) on the idea that you are standing in front of God (but if you did not concentrate, don't repeat the blessing or the *amida*).

## WHAT TO PRAY: SET PRAYERS: AMIDA: WITH WHOM TO PRAY

#### **Amida: With Whom To Pray**

Say <u>shemoneh esrei</u> (<u>amida</u>) with a <u>minyan</u>—ideally starting together. The key is to begin with the other people, even if you will not finish at the same time. You should not begin before the congregation begins saying any <u>amida</u>.

## WHAT TO PRAY: SET PRAYERS: AMIDA: LOCATION

# **AMIDA: LOCATION: CHANGING**

## **Amida: Location: Moving Away**

You may not move from where you began saying the amida until you finish the amida.

#### **EXAMPLE**

You may not get on or off a bus in the middle of saying the amida.

NOTE

It is better to say the abridged version of the <u>amida</u> (this appears in some <u>siddurs</u>) if you do not have time to say it without interruption (but you may say the abridged version only during the summer, since you must say <u>mashiv ha'ruach</u> and other additions during the winter).

#### **EXCEPTIONS** Walking To Avoid Being Disturbed

You may walk to another place, even in the middle of the *amida*, if you are disturbed or distracted where you are, such as to move away from:

- An immodestly dressed woman or other visual distraction,
- Bad smell,
- Animal, or
- Noise (such as people talking).

#### Walking To Correct a Mistake

You may walk across the room--even in the middle of the *amida*--in order to look in a book of *halacha* to see how to correct a mistake or omission you made while saying the *amida*.

# **AMIDA: LOCATION: WHERE TO FACE**

## When To Face Jerusalem

Face toward Jerusalem when saying the amida.

NOTE You may not stand with your back to an ark containing a *Torah* scroll, so you might need to modify the direction in which you are facing.

### **How To Face Jerusalem**

To face Jerusalem, turn toward the "great circle"--the shortest route over the surface of a sphere or the globe (not necessarily eastward). If you don't know which is the correct direction, or if facing toward Jerusalem would make you face improperly dressed people, feces, or other distracting or disgusting items, then focus your thoughts on Jerusalem and face any direction.

#### Where To Face for Wisdom or Wealth

#### When praying:

- To gain wisdom, face slightly south.
- To gain wealth, face slightly north.

This is a non-binding suggestion, not a halacha.

## AMIDA: LOCATION: NEAR SOMEONE PRAYING

#### **Amida: Someone Praying**

Don't cross within 7 feet (4 <u>amot</u>, or 2.1 m) in front of someone who is saying the <u>amida</u>, even if there is an intervening chair or other furniture in front of the person who is praying. If you finish before someone who is directly behind you, you must wait for the person to finish his or her <u>amida</u> before you step directly back. However, you may step back on an angle so that you do not end up in front of the person who was behind you.

### Amida: Someone Blocking the Way while Praying

You may walk in front of someone who is praying in a doorway or otherwise blocking the way, since they are not allowed to block other people from entering.

# WHAT TO PRAY: SET PRAYERS: AMIDA: VOLUME

#### How Loud To Say the Amida

Whisper the individual *amida* so that you can just hear yourself but people standing near you cannot hear you, whether you are praying as an individual or as a prayer leader (during your private *amida*).

#### **Amida Phrases That Are Never Said Aloud**

These phrases are never said aloud, not in the personal *amida* and not in the reader's repetition:

- Ki shem adonai ekra
- Adonai sifatai
- Elohai netzur
- Yihiyu l'ratzon imrei phi.

## WHAT TO PRAY: SET PRAYERS: AMIDA: ACTIONS

#### AMIDA: ACTIONS: STANDING

#### **Amida: Standing Up**

Stand up when saying the <u>anida</u>. Unless you are not able to stand unaided, you may not lean on something if you would fall over if that item were removed.

## **Amida: Standing with Feet Together**

Stand with your feet together to resemble the angels, who only have one leg, during the private <u>anida</u> and for <u>kedusha</u>.

## **AMIDA: ACTIONS: SITTING**

#### **Amida: Sitting for Concentration**

You may sit during the <u>amida</u> (and other standing prayers) to avoid distraction, such as when you might be jolted in a moving vehicle or disturbed by people passing in the airplane aisle.

# **AMIDA: ACTIONS: STEPPING**

### **Amida Actions: Steps Before and After**

## Stepping To Begin the Amida

After saying ga'al Yisrael, take three steps forward (any size of steps is fine):

- Step forward with your right foot,
- Step forward with your left foot, then
- Step forward with your right foot so that both feet are touching at the heels and at the balls (so that you are standing as if you had one leg, like the angels!).

NOTE Taking three steps backward immediately before taking three steps forward, as instructed in some *siddurs*, defeats the purpose of taking the three steps forward. The purpose of stepping forward is to symbolically approach *Hashem*. If you step backward and then take your three steps forward, you are back to where you began and have not approached *Hashem* at all!

If you do not have enough room in front of yourself to take three steps forward when beginning your <u>amida</u>, step back somewhat (at least a few seconds) before you say <u>ga'al Yisrael</u>. There is no need to take three steps back; a single large step that will give you room to take three steps forward is all that is needed.

By making a practice of taking three steps back, people have made the stepping backward part of the entire procedure, and it should not be.

Similarly, once you have finished saying the *amida* and walked three steps backward, wait at least three seconds before walking forward so as not to defeat the purpose of having stepped backward. Take as many steps as you need to get back to your seat--one step should suffice.

### Amida Actions: Stepping Before Kedusha

You do not need to take three steps forward (or any steps at all!) before saying kedusha.

## AMIDA: ACTIONS: HITTING YOUR CHEST

## When To Hit Your Chest during Prayers

Hit your chest near your heart with your fist at:

- Chatanu... and ... fashanu... in slach lanu,
- First line of Avinu malkeinu (except on Rosh Hashana),
- Ve'al cheit and ve'al chataim in the al cheit for Yom Kippur, and
- Ashamnu on
  - Rosh Hashana,
  - 10 Days of Repentance,
  - Fast days, and
  - Selichot.

# WHAT TO PRAY: SET PRAYERS: AMIDA: INTERRUPTIONS

## Responding to Prayer Leader before Elohai Netzur

You have finished saying the final *amida* blessing "...ha'mevareich et amo Yisrael ba'shalom," but you have not yet said <u>Elohai neztur</u>.... You now need to respond to the prayer leader when he says *kaddish*, *kedusha*, blessings, or *modim*.

WHAT TO DO Quickly say the line "Yihiyu l'ratzon imrei phi...." and then you may reply to all parts of the public prayer, except that you may not say "Baruch hu u'varuch shemo." Then you may say Elohai netzur.

NOTE If you need to say the mourner's <u>kaddish</u>, say the entire line of <u>Yihiyu l'ratzon imrei phi</u> and then say mourner's <u>kaddish</u>. You may step back at <u>Oseh shalom</u> in <u>kaddish</u> and then, after completing saying <u>kaddish</u>, you may say <u>Elohai netzur</u>.

# WHAT TO PRAY: SET PRAYERS: AMIDA: ERRORS

# **AMIDA: ERRORS: TASHLUMIN**

## **Introduction to Amida: Errors: Tashlumin**

Introduction to Missed Amida/Tashlumim

If you accidentally miss any amida, you may make up for it (tashlumin)--unless you intentionally missed it.

Amida: Errors: Missed Amida/Tashlumin: Regular Days

#### Missed Ma'ariv Amida

If you accidentally did not say the amida for ma'ariv:

- Say the normal shacharit amida the next morning with the other men in the minyan.
- Say ashrei.
- When the leader begins his repetition of the <u>amida</u>, say the <u>amida</u> along with him, word for word, including *kedusha*.
- After saying ha'el ha'kadosh, finish your amida at your own pace.
- If you are not with a minyan, say ashrei and then repeat the shacharit amida.

## Missed Shacharit Amida

If you accidentally did not say the amida for shacharit:

- Say the normal *mincha amida* with the other men in the *minyan*.
- Say ashrei.
- When the leader begins his repetition of the <u>amida</u>, say the <u>amida</u> along with him, word for word, including *kedusha*.
- After saying ha'el ha'kadosh, finish your amida at your own pace.
- If you are not with a minyan, say ashrei and then say the mincha amida a second time.

## Missed Mincha Amida

If you accidentally did not say the amida for mincha:

- Say the normal ma'ariv amida with the other men in the minyan.
- Say ashrei.
- Say the *ma'ariv amida* a second time. Skip *modim*.
- If you are not with a minyan, say ashrei a second time and repeat the ma'ariv amida.

NOTE At the next prayer service, say whatever is the correct <u>amida</u> for that later prayer service, even if it is not the same <u>amida</u> that you missed.

If you miss mincha on Friday, say the ma'ariv service for Shabbat and repeat that amida again.

NOTE Once the time for the next *amida* has passed, you may not make up the missed *amida*.

#### **EXAMPLE**

If you missed *mincha* on Thursday, you may only say *tashlumin* for *mincha* as long as you may still say *ma'ariy*, which is daybreak of Friday morning.

Amida: Errors: Missed Amida/Tashlumin: Shabbat/Jewish Festivals

Even if you forgot to say a prayer service on <u>Shabbat</u> and <u>Jewish festivals</u>, say the next prayer service <u>amida</u> and repeat THAT <u>amida</u> to make up (<u>tashlumin</u>) for the one you missed--even if it is no longer <u>Shabbat</u> or the <u>Jewish festival</u>.

**EXCEPTION** 

There is no tashlumin for musaf. However, you may say musaf until sunset, even if you already said mincha.

NOTE If the time for <u>mincha</u> has arrived (½ hour after *halachic* midday), you must say <u>mincha</u> before saying <u>musaf</u> (but if you could join a <u>mincha</u> minyan later, you may say <u>musaf</u> now).

#### **SITUATION**

You miss Shabbat mincha.

#### WHAT TO DO

Say <u>ata chonantanu</u> in <u>ma'ariv</u>, but only for the first time you say the <u>amida</u>, not the second time (which is <u>tashlumin</u>).

#### **SITUATION**

You forget to say ma'ariv on Saturday night.

#### WHAT TO DO

Say ata chonantanu on Sunday morning in the second amida (which is tashlumin).

If Doubt about Whether You Said Amida

If you are not certain whether you said an amida:

- On a weekday, assume that you did not say the amida and say it anyway. Intend that:
  - If you forgot the previous amida, this makes up for it, and
  - If you did say the previous *amida*, the second one is a *nedaya* (free-will "offering").
- On Shabbat and Jewish festivals, do not say the amida twice as tashlumin.

REASON You may not say a voluntary prayer service (<u>nedava</u>) on these days.

Men who intentionally delayed saying *shacharit* past the fourth *halachic* hour of the day still say that *amida* until midday but if they did not say it by midday, they may not say *tashlumin*. See *Minyan*: Keeping Pace: *Shacharit Minyan*.

#### **AMIDA: ERRORS: AMIDA ADDITIONS**

## INTRODUCTION: AMIDA: ERRORS: AMIDA ADDITIONS

### **Introduction: Amida: Errors: Amida Additions**

If you forgot to say, or incorrectly said, a phrase in the amida, you must correct your errors in:

- Mashiv ha'ruach
- Ha'el ha'kadosh
- Tein bracha/Tein tal u'matar l'vracha
- Ya'ale v'yavo (except Rosh Chodesh night).

Do not correct errors in other additions/changes if you have already said the blessing for that paragraph, such as:

- Rosh Hashana, Yom Kippur, and Ten Days of Repentance changes (except ha'melech ha'kadosh)
- Al ha'nisim
- Aneinu
- Ya'ale v'yavo (if Rosh Chodesh night).

NOTE You may correct any prayer error within 2.5 seconds of making it.

NOTE If you omitted part of the <u>amida</u> that would normally require you to repeat the <u>amida</u>, you do not need to repeat the <u>amida</u> if you intend (have <u>kavana/concentrate</u> from the beginning of the reader's

repetition until the end of the repetition) to have your amida covered by the reader's repetition.

#### AMIDA ERRORS: MASHIV HARUACH

#### **Introduction to Amida Errors: Mashiv HaRuach**

Saying the seasonal addition to the <u>amida</u> of <u>mashiv ha'ruach</u>... begins at <u>musaf</u> of <u>Shmini Atzeret</u>. The last time it is said is on the first day of <u>Passover</u> in <u>musaf</u>.

**Amida Errors: Mashiv HaRuach** 

What: Mashiv HaRuach Where: *Amida* 2nd paragraph

Error: Omitted or said in wrong season

SITUATION Did Not Finish Paragraph

WHAT TO DO You must return to beginning of paragraph (Ata gibor...).

SITUATION Already Finished that Paragraph

WHAT TO DO You must stop saying the *amida* and repeat the *amida* from the beginning.

EXCEPTION If you erroneously said <u>Mashiv HaRuach</u> in a country that needs rain after *Passover*, don't repeat the blessing and don't return to the beginning of the *amida*.

### AMIDA ERRORS: HAEL HAKADOSH

Amida Errors: HaEl HaKadosh

What: Ha'el ha'kadosh

Where: Amida 3rd paragraph

Error: Said ha'el ha'kadosh instead of ha'melech ha'kadosh on days between/including Rosh Hashana and

Yom Kippur

SITUATION Already Finished Paragraph

WHAT TO DO You must stop saying the *amida* and start the *amida* from the beginning.

# AMIDA ERRORS: CHONEIN HADAAT/YISMACH MOSHE/TIKANTA SHABBAT/ATA ECHAD/RASHEI CHODASHIM/ATA VICHARTANU

Amida Errors: Chonein HaDaat/Yismach Moshe/Tikanta Shabbat/Ata Echad/Rashei Chodashim/Ata Vichartanu

What: Chonein HaDaat/Yismach Moshe/Tikanta Shabbat/Ata Echad/Rashei Chodashim/Ata Vichartanu

Where: Amida 4th paragraph

Error #1: You Said the Wrong Paragraph on Shabbat or Jewish Festival

#### **EXAMPLES**

- You said the weekday version on Shabbat or Jewish festival--or the reverse.
- You began to say the version for a different *Shabbat* service (say, it is *Shabbat mincha* and you said the version for *Shabbat shacharit*).

#### WHAT TO DO

1) If you erroneously began the fourth paragraph for weekday on *Shabbat* or *Jewish festival* ma'ariv, *shacharit*, or *mincha*:

Finish the erroneous blessing and then begin the correct version.

2) If you erroneously began the fourth paragraph for weekday at musaf:

Stop wherever you are and say correct fourth paragraph.

3) If you began to say the fourth paragraph from the wrong *Shabbat* service:

It is OK, b'di'avad.

## Error #2 You Said the Wrong Paragraph on a Weekday or at any Musaf:

#### **EXAMPLE**

You said the weekday fourth paragraph at musaf for Rosh Chodesh.

#### WHAT TO DO

Stop wherever you are and say correct fourth paragraph.

#### AMIDA ERRORS: TEIN BRACHA/TEIN TAL U'MATAR L'VRACHA

#### Amida Errors: Tein Bracha/Tein Tal U'Matar L'Vracha

Outside of <u>Eretz Yisrael</u>, begin saying Tein tal u'matar l'vracha at ma'ariv of Dec. 4. In a secular leap year, begin saying it at ma'ariv of Dec. 5 (but there might be rare exceptions!).

Where: Amida 9th paragraph

Error: Said tein bracha or tein tal u'matar l'vracha in the incorrect season

SITUATION Did Not Finish Paragraph

WHAT TO DO You must return to beginning of paragraph (bareich aleinu).

SITUATION Already Finished that Paragraph

#### WHAT TO DO

- If you said <u>tein bracha</u> in the wrong season, you may add <u>tein tal u'matar l'vracha</u> in <u>shema koleinu</u>, just before *ki ata shomei'a...*
- If you said tein tal u'matar l'vracha in the wrong season, you must return to the top of the paragraph.

SITUATION Already Finished Shema Koleinu

WHAT TO DO If you did not correct your mistake in <u>shema koleinu</u>, you must return to the beginning of *bareich aleinu*.

Already Finished *Amida* (such as you are ready to take 3 steps backward when you realize your error.)

WHAT TO DO You must repeat the entire *amida*.

NOTE If you said <u>tein tal u'matar l'vracha</u> in the wrong season but you are in a place that needs rain, you do not need to correct yourself or repeat that blessing.

#### AMIDA ERRORS: YA'ALEH V'YAVO

Amida Errors: Ya'aleh V'Yavo

SITUATION You forgot to say ya'aleh v'yavo in the 15th amida paragraph (retzei) when required on Rosh

Chodesh day or chol ha'moed.

STATUS Not Yet Ready To Take 3 Steps Back

WHAT TO DO As soon as you realize that you forgot, return to the beginning of retzei and continue.

STATUS Ready To Take 3 Steps Back

WHAT TO DO You must repeat the entire amida from the beginning.

NOTE If you forgot to add ya'aleh v'yavo on Rosh Chodesh night, even if you just finished retzei

when you realized that you had omitted ya'aleh v'yavo, do not repeat the amida.

### AMIDA ERRORS: SIM SHALOM

#### **Amida Errors: Sim Shalom**

SITUATION It is mincha for a fast day and you said shalom rav instead of sim shalom.

WHAT TO DO If you realize that you erred before you finish saying that blessing, go back and say *sim shalom*. If you have already finished the final blessing, don't repeat.

## WHAT TO PRAY: SET PRAYERS: AMIDA: AMBIGUITIES

#### Tein Bracha If in Eretz Yisrael Cheshvan 7/Dec. 4

If you are in <u>Eretz Yisrael</u> between <u>Cheshyan</u> 7 (when people in <u>Eretz Yisrael</u> begin saying <u>tein tal u'matar</u> l'vracha) and December 4 (when people outside <u>Eretz Yisrael</u> begin saying the phrase):

- Follow your home custom (say tein bracha in the 9th amida paragraph, bareich aleinu).
- Then, add <u>tein tal u'matar l'vracha</u> in the 16th <u>amida</u> paragraph (<u>shema koleinu</u>) between <u>al</u> teshiveinu and ki ata shomei'a.

REASON To cover both situations.

## WHAT TO PRAY: SET PRAYERS: AMIDA: READER'S REPETITION

## AMIDA: READER'S REPETITION: BEGINNING

#### Standing for Reader's Repetition of Amida

Ashkenazim commonly stand for the entire reader's repetition of the anida, but it is not the universal custom.

## **Adonai Sifatai by Prayer Leader**

The prayer leader should say <u>Adonai sifatai</u>... quietly before saying the reader's repetition of the <u>amida</u> out loud.

#### Ki Shem by Prayer Leader

The prayer leader should not say  $\underline{ki \ shem.}$ ... at all since some people have the custom of not ever saying  $\underline{ki}$   $\underline{shem.}$ ...

#### AMIDA: READER'S REPETITION: REPLYING

#### Replying during Your Private Amida

If you have finished the *amida's yihiyu l'ratzon*(but have not yet finished the segment from *Elohai netzur* through *u'chshanim kadmoniyot*), you may reply to:

- Bar'chu,
- Kedusha,
- Amen to ha'el ha'kadosh,
- Amen to shomei'a tefila,
- Modim anachnu lach (just those 3 words),
- Birkat cohanim, and
- Kaddish.

However, you may not say anything else (such as other *amens*) until you have completed the entire *amida* (including the last word, *kadmoniot*).

## AMIDA: READER'S REPETITION: KEDUSHA

#### Say Minyan's Version of Kedusha

At a minyan with a custom different from yours, say their version of kedusha.

#### Bowing for Kara Zeh El Zeh

Some people bow from side to side for *kara zeh el zeh* ... but it is not required.

# AMIDA: READER'S REPETITION: PRIESTLY BLESSING (BIRKAT COHANIM)

#### Birkat Cohanim: Pausing in Private Amida

When the priests/cohanim begin the Priestly Blessing (birkat cohanim), you must pause when saying your private anida and wait until they finish before continuing your praying.

#### **Birkat Cohanim: Seeing Each Other**

A *cohen*/priest does not need to see the congregants and they do not need to see him during birkat *cohanim*. Birkat *cohanim* is effective even if you are outside the *synagogue* when you hear it. But if you are at the front of the *synagogue* such that you would be behind the *cohanim* when they turn to face the congregation and say the blessing, you should move far enough so the *cohanim* will be facing you during the blessing.

## Birkat Cohanim: Looking at Priests'/Cohanim's Hands

No one should look at the priests'/*cohanim*'s hands while the *cohanim* say the Priestly Blessing (*birkat cohanim*).

#### Birkat Cohanim: Talit over Child's Head

It is a custom for fathers to cover their sons' heads with their <u>talit</u> while the priests/<u>cohanim</u> bless the congregation.

REASON So the boys do not to look at the Divine Presence (shechina) present at the priests'/cohanim's

fingertips at that time.

NOTE The priests'/*cohanim's* hands should be covered by a *talit* anyway.

NOTE This custom applies to ANYTIME the priests/cohanim say birkat cohanim, whether on:

- <u>Jewish festivals</u> (the only time the priests/<u>cohanim</u> say this blessing outside of <u>Eretz</u> <u>Yisrael</u>), or
- Daily (as is done in *Eretz Yisrael*).

## Birkat Cohanim: Priest/Cohen in the Room

If a priest/*cohen* is in the room during the Priestly Blessing (*birkat cohanim*), he must bless the non-*cohanim*. If he will not say the blessing, he must leave the room immediately after *modim*.

# WHAT TO PRAY: SET PRAYERS: AVINU MALKEINU TO PSALMS

## INTRODUCTION TO AVINU MALKEINU TO PSALMS

## **Introduction to Avinu Malkeinu to Psalms**

It was not traditional for women or girls to say any of *shacharit* after the *amida*, other than saying *alenu*.

## **AVINU MALKEINU**

#### When To Say Avinu Malkeinu

Say avinu malkeinu, even if you are praying by yourself, after amida of shacharit and mincha on:

- Public fast days, and
- Between Rosh Hashana and Yom Kippur.

#### Avinu Malkeinu on Tzom Gedalia

On Tzom Gedalia, in avinu malkeinu, say katveinu (not zachreinu).

## TORAH READING

## TORAH READING: OFFERING/DECLINING ALIYA

## **Consecutive Aliyot for Family Members**

Consecutive <u>aliyot</u> (going up to the <u>Torah</u> during <u>Torah</u> reading) should not be given to brothers or to a father and son unless the <u>aliyot</u> are from different <u>Torah</u> scrolls. This is a custom.

#### **Declining an Aliya**

You should not decline an aliya, if one is offered to you.

#### TORAH READING: THE BIMA

#### **Shortest Route to Bima**

When you go up to the <u>Torah</u>, take the shortest route to the <u>bima</u>. This is a non-binding custom, not a *halacha*.

#### Stand on Bima after Aliya

After getting an <u>aliya</u> to the <u>Torah</u>, stand on the <u>bima</u> until the next <u>aliya</u> has ended. This is to show respect for the <u>Torah</u> and not appear to be running away.

#### Returning to your Seat after Aliya

When you go back to your seat after an *aliya* to the *Torah*, take the longer way around the *bima*--even if it is inconvenient or you want to avoid someone who is along the way back to your seat.

#### TORAH READING: SAYING TORAH BLESSINGS

#### When Saying Torah Blessing

When called to the *Torah*, either:

- Say the blessing while looking to the side of the *Torah*, or
- Roll the *Torah* together before you say the blessing.

## **How Loud To Say Torah Blessings**

Say the blessings over the *Torah* loudly enough for everyone to hear and respond "amen."

# TORAH READING: WHAT TO DO WHILE ON BIMA

# Torah Reading: What To Do While on Bima

The *oleh* (person who gets the *aliya*) should lightly hold on to the handle of the *Torah*.

The *oleh* should read the *Torah* quietly along with the reader (*ba'al koreh*).

#### TORAH READING: ALIYA DONATION

#### **Donation after Aliya**

If you receive an <u>aliya</u> to the <u>Torah</u> on <u>Shabbat</u> and <u>Jewish festival</u> mornings, it is customary give a donation to the <u>synagogue</u>, but you are not required to do so by <u>halacha</u> (and you may not give the donation ON <u>Shabbat!</u>).

NOTE A *synagogue* may request a donation on *Shabbat* or *Jewish festivals* from someone who has received an *aliya* on *Shabbat* and may give that person a card to mail in after *Shabbat* has ended.

NOTE There is no expectation of giving a donation for aliyot on weekdays or at mincha on Shabbat.

## MOURNER'S KADDISH

## **Responding to Mourner's Kaddish**

When answering mourner's kaddish, respond after the person who you hear first.

### Late in Joining Mourner's Kaddish

SITUATION All mourners should say *kaddish* in unison. You are a mourner. When you go to *minyan*, the other mourners are already saying mourner's *kaddish*.

WHAT TO DO You may join in as long as the other mourners have not yet said <u>Yihei shmei</u>. But you should join the other mourners wherever they are in the *kaddish* and not start from the beginning on your own.

#### More on Mourner's Kaddish

See Mourner's Kaddish.

## U'VA L'TZION

## Kadosh in U'Va L'Tzion with the Minyan

Say <u>kadosh</u> three times in <u>u'va l'tzion</u> together with the <u>minyan</u> in order to mimic the angels who say <u>kadosh</u> together with other angels.

NOTE You should interrupt what you are saying as long as it is permissible to do so, such as before <u>baruch</u> she'amar or after you have finished your *amida*.

## HALLEL

#### Saying Hallel with a Minyan

When saying half- and full *Hallel*:

- It is preferable to say half-hallel with a minyan.
- You do not need to say full hallel with a minyan.

## **Order of Prayers with Hallel**

To say hallel on Shabbat and Jewish festivals:

- You do not need to say full hallel immediately after shacharit.
- You may say *musaf* and/or *hallel* after *mincha*.
- Once it is time for *mincha*, you must say *mincha* before saying *musaf* or *hallel* (if you have not said *musaf* or *hallel* yet).

## **Timing of Hallel and Musaf**

You may say hallel and musaf until sunset.

**Hodu in Hallel** 

In <u>hallel</u>, the congregation repeats the line "*Hodu*…" after each of the four lines that the prayer leader says. Then the congregation says the next line before the prayer leader says it.

NOTE The congregation does not say the line "Hodu... before the leader first says it.

## **BIRKAT HACHODESH**

#### **Announcing the New Month**

Each month (except before <u>Rosh Hashana</u>), we say the blessing over the new month (<u>birkat ha'chodesh</u>). On <u>Shabbat</u> morning preceding the new moon, at the end of <u>Torah</u> reading, we announce the coming of the new month (<u>Rosh Chodesh</u>), including:

- The name of the month.
- The day and time the new moon will appear in Jerusalem.
- The day of the week that begins the new month (and sometimes the last day of the previous month).

We say some prayers that ask for good health, prosperity, and other good things.

#### **Announcing Two-Day Rosh Chodesh Starting Shabbat**

If <u>Rosh Chodesh</u> will be two days starting next <u>Shabbat</u>, say "<u>Yihiyeh b'yom Shabbat kodesh ul'macharato</u> b'yom rishon."

### **TACHANUN**

**Shacharit: Tachanun: How To Say** 

See the Tachanun Section in How To Pray in Synagogue.

**Shacharit: Tachanun: When Not To Say** 

Tachanun is related to judgment. Tachanun is NOT said at times of din/judgment:

- At night,
- On Tish'a B'Av,
- In a house of mourning, and
- Yom Kippur.

Tachanun is also NOT said at times of simcha/happiness:

At mincha before (and certainly not on):

- Shabbat,
- Jewish festivals,
- Rosh Hashana, and
- Rosh Chodesh.

#### At any prayer service on:

- Isru chag (the day after each of the Jewish festivals),
- Entire month of *Nisan*.

Nisan has more than 15 days that we omit <u>tachanun</u>, and once we omit it for most of the month, we don't say it at all.

- All of *Chanuka, Purim, Shushan Purim, Tu B'Shvat, Rosh Chodesh*, and from *Rosh Chodesh Sivan* until the day after *Shavuot*.
- *Tishrei* from *shacharit* before *Yom Kippur* until after *Simchat Torah* (*Shmini Atzeret* in *Eretz Yisrael* ). Resume saying *tachanun*:

- Second day of Cheshvan, or
- Day after <u>isru chag</u> of <u>Simchat Torah</u> (this is the more prevalent custom among Ashkenazim). Each person should follow his or her family or community custom.

Any time these people are present in your <u>minyan</u> (or in any other <u>minyan</u> in the building) either before a circumcision or while still involved in the *brit* or meal:

- Mohel,
- Sandak, or
- Father of a boy having his circumcision.

NOTE This even applies to *mincha* if the *brit* will take place after *mincha*.

Any time a groom is present during the first week after marriage.

#### PSALM OF THE DAY/SHIR SHEL YOM

## Shacharit: Psalm of the Day/Shir Shel Yom: Daytime

You may fulfill your requirement of saying Psalm of the Day (shir shel yom) only during the daytime.

#### PSALM 27/L'DAVID ADONAI ORI V'YISH'I

## When To Say Psalm 27/L'David Adonai Ori V'Yish'i

Begin saying L'David Adonai ori v'yish'i (Psalm 27) on the first day (at night) of *Elul*, not the first day of *Rosh Chodesh Elul* (the 30th of *Av*). The last day to say this Psalm is 22nd of *Tishrei* (*Shmini Atzeret*). This Psalm is recited twice daily, in *shacharit* after *shir shel yom* and in ma'ariv after *alenu*, including on *Shabbat* and *Jewish festivals*.

## **ALENU**

#### Who Should Say Alenu

Any Jew who happens to be in a <u>synagogue</u> should say <u>alenu</u> with the <u>minyan</u>, even if he is not joining the <u>minyan</u> for that prayer service.

#### When To Say Alenu

There is no time limit on when *alenu* may be said. *Alenu* should be said after each prayer service.

## **PSALMS/TEHILIM**

## Value of Saying Tehilim

The main value of saying <u>tehilim</u> is not in saying the <u>tehilim</u> themselves, but in the prayer said AFTER saying the <u>tehilim</u> (for someone to get well, for employment, etc.). The saying of <u>tehilim</u> strengthens the prayer enormously.

#### Concluding Tehilim with Yehi Ratzon of Refa'einu

If you say <u>Psalms/tehilim</u> for a sick person, you should conclude with the <u>yehi ratzon</u> that is sometimes added in <u>shemoneh esrei</u> in <u>refa'einu</u>.

#### **Tehilim Additions to Regular Prayers**

Rabbis may have their congregations add Psalms/tehilim or other prayers to standard services.

#### When To Say Tehilim

Both genders may say <u>tehilim</u> at night without restriction on which <u>tehilim</u> may be said; they may be said all night (or day).