## SHABBAT: TWO LOAVES (LECHEM MISHNEH): WHICH TO CUT

## Friday Night: Cut Lower Challa

On Friday night, hold the two *challot* together, one on top of the other, but cut the lower one (for *kabbalistic* reasons).

## **Saturday Morning: Cut Upper Challa**

On Saturday morning, cut the upper *challa* of the two *challot*. (For *Jewish festivals*, cut the upper loaf at night and day.)

© Copyright 2024 Richard B. Aiken | www.practicalhalacha.com