

SHABBAT: TWO LOAVES (LECHEM MISHNEH): WHAT TO USE

HaMotzi: Bagels

You may use two bagels for the two Shabbat loaves (lechem mishneh) even though they are already sliced most of the way through.

HaMotzi: Crackers

The minimum volume of a cracker or crispbread (such as Ryvita or Wasa) that may be used for lechem mishneh is 1 oz. (30 ml).

HaMotzi: Other Foods

You may not substitute other foods for the two loaves (lechem mishneh).

EXAMPLE You may not use two apples or two cans of fish.