

# SHABBAT: LEAVING THE WORLD OF WORK

## Distracting Work on Friday Afternoon

You may not do any work or get involved in any project that might distract you from preparing for Shabbat, beginning at twice the duration of plag ha'mincha. So allow 2 1/2 *halachic* hours (sha'ot zmaniyot) before sunset to prepare for Shabbat.