

# SHABBAT: KNEADING (LASH)

## Shabbat: Mixing Powders with Liquid

You may mix powdered food substances with liquids on Shabbat if:

- The resulting mixture will be fluid (you can pour it in a smooth and steady stream), AND
- You put whatever is normally added second into the container first and then add the component that is normally added first to the other substance, AND
- You mix it with your finger, not with a utensil.

**NOTE** You may not mix a powdered food substance with a liquid on Shabbat if it will result in a paste (such as wasabi).

## Shabbat: Mixing Soft Foods

Mixing tuna and mayonnaise and or other soft or mushy foods is permitted on Shabbat; it does not constitute the melacha of kneading/lash.