

# SHABBAT: HAIR/BEARDS

## Shabbat: Hair Brushing

You may brush your hair on Shabbat but only if the brush bristles bend easily. You may not use stiff bristles since they might pull out some hair. Using a special brush for Shabbat is recommended but not required.

**NOTE** You may not use a comb.

## Shabbat: Hair Cuts/Shaving

You may not have your hair cut and you may not shave on Shabbat (and Jewish festivals).