

# SHABBAT: EATING BEFORE

## Appetite for Shabbat Dinner

Do not eat a full meal (any bread or a lot of mezonot) after halachic midday on Friday.

REASON In order to have a special appetite for Shabbat dinner.

NOTE You may eat other food after *halachic* midday on Friday.

## Eating before Hearing Shabbat Evening Kiddush

See Eating from Start of Shabbat until Kiddush.