SHABBAT: DINNER: EATING BEFORE KIDDUSH

Eating a Full Meal before Shabbat

See Appetite for *Shabbat* Dinner.

Eating from Start of Shabbat until Kiddush

Once <u>Shabbat</u> begins for you—either at sunset or before (such as if you lit <u>Shabbat</u> candles)--you may not eat or drink before hearing <u>kiddush</u>.

NOTE Women and girls may make *kiddush* anytime after lighting candles.

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