# PRE-YOM KIPPUR: MEAL (SE'UDA HAMAFSEKET)

## Meaning of pre-Yom Kippur Meal (Se'uda HaMafseket)

We eat a festive meal for the final meal before <u>Yom Kippur</u> to celebrate that we will be forgiven for our previous sins on *Yom Kippur*.

#### Mezuman/Minyan at pre-Yom Kippur Meal (Se'uda HaMafseket)

A mezuman or minyan is permitted at the pre-Yom Kippur meal (se'uda ha'mafseket).

REASON It is a festive meal.

## Challa Dipped in Honey for pre-Yom Kippur Meal (Se'uda HaMafseket)

Eating *challa* dipped in honey is a non-binding custom for the pre-<u>Yom Kippur</u> festive meal <u>(se'uda ha'mafseket)</u>.

## Pre-Yom Kippur Meal: Shir HaMa'alot

<u>Shir ha'ma'alot</u> should be said before <u>birkat ha'mazon</u> at the final meal (<u>se'uda ha'mafseket</u>) before <u>Yom Kippur</u> (and also at a meal after <u>Yom Kippur</u> ends).

#### **Wishing Easy Fast**

You may wish "an easy fast" for <u>Yom Kippur</u> since, although <u>Yom Kippur</u> is supposed to be a day of afflicting our souls, there are degrees of affliction!

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