

PRE-YOM KIPPUR: MEAL (SE'UDA HAMAFSEKET)

Meaning of pre-Yom Kippur Meal (Se'uda HaMafseket)

We eat a festive meal for the final meal before Yom Kippur to celebrate that we will be forgiven for our previous sins on Yom Kippur.

Mezuman/Minyan at pre-Yom Kippur Meal (Se'uda HaMafseket)

A mezuman or minyan is permitted at the pre-Yom Kippur meal (se'uda ha'mafseket).

REASON It is a festive meal.

Challa Dipped in Honey for pre-Yom Kippur Meal (Se'uda HaMafseket)

Eating challa dipped in honey is a non-binding custom for the pre-Yom Kippur festive meal (se'uda ha'mafseket).

Pre-Yom Kippur Meal: Shir HaMa'alot

Shir ha'ma'alot should be said before birkat ha'mazon at the final meal (se'uda ha'mafseket) before Yom Kippur (and also at a meal after Yom Kippur ends).

Wishing Easy Fast

You may wish “an easy fast” for Yom Kippur since, although Yom Kippur is supposed to be a day of afflicting our souls, there are degrees of affliction!