JEWISH FESTIVALS: ENDING: HAVDALA: WHAT TO USE

Jewish Festivals: Ending: Havdala: No Candle or Spices

For <u>Jewish festival havdala</u>, use only wine (or a substitute, <u>chamar medina</u>, beverage); NO candle or spices (unless the <u>Jewish festival</u> also coincided with <u>Shabbat</u>).

Jewish Festivals: Ending: Havdala: Beverage

Wine or grape juice is the preferred beverage for <u>havdala</u>, but you may use any common beverage (<u>chamar</u> medina) that is drunk for social reasons.

Jewish Festivals: Ending: Havdala: Filling the Cup

You must pour at least 4 fl. oz. (119 ml--a <u>revi'it</u>) of wine or other beverage into the <u>havdala</u> cup--this is <u>halacha</u>. However, to symbolize that we are blessed (<u>siman bracha</u>) with wealth, overfill the cup (non-binding custom).

NOTE Do not drink the overflow, to show that we are so rich that we do not need the spilled beverage.

NOTE Do not overfill a cup containing *shmita* wine!

Jewish Festivals: Ending: Havdala: How Much To Drink

To fulfill the commandment of *havdala* (or *kiddush*), the person making *kiddush* must drink at least 2 fl. oz. (59 ml) within 30 seconds from the *kiddush* cup. However, drinking at least 4 fl. oz. (119 ml--a *revi'it*) from the *havdala* cup within 30 seconds allows you to say *bracha achrona*.

Jewish Festivals: Ending: Havdala: Who Drinks the Beverage

For men: No one should drink the <u>havdala</u> beverage except the person saying <u>havdala</u>. This is a non-binding custom, not a <u>halacha</u>.

For women: This custom does NOT apply to women. Women who say <u>havdala</u> for themselves may give their *havdala* beverage to someone else to drink.

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