

HOW TO PRAY: ACTIONS: BOWING: IN FRONT OF ANIMALS AND MIRRORS

Bowing If Animal in Front of You

You may not bow down, as during the anida, if an animal is in front of you.

Mirror or Picture of People in Front of You

Don't face a mirror or picture of people when saying anida or any other prayer at which you will bow.

REASON You should not bow down to an image.