Yehi Ratzon of Refa'einu for a Sick Person

To pray for a sick person, say the *yehi ratzon* inserted into the *refa'einu* (8th) paragraph of the *amida* on weekdays (but not on *Shabbat* or *Jewish festivals*) either:

- When saying the *amida* (add your request after "*makoteinu*"), or
- After reciting *Tehilim* (*Psalms*) for the sick person (see Concluding *Tehilim* with Yehi Ratzon of Refa'einu).

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