

Tefilin: When To Touch: Shacharit

When praying on weekday mornings, touch and “kiss” the tefilin at:

- Places in the shema that mention tefilin, and
- *Potei'ach* in *ashrei*.

REASON When wearing tefilin, you should be constantly conscious that you are wearing them. One way of reminding ourselves that we are wearing tefilin is to touch them at these times.

NOTE To “kiss” tefilin, touch the box with one or more fingers and then kiss those fingers.