

HAGOMEL

HAGOMEL: FOR WHICH EVENTS

After What To Say HaGomel

Say ha'gomel after:

- Crossing the ocean (far enough away that you cannot see the shore);
- Crossing a desert by any means except flying;
- Getting out of jail; or
- Recovering from a serious illness.

In addition, say ha'gomel anytime a catastrophe has been avoided, such as a vehicle crash. Consult a competent *halachic* authority in these cases.

HAGOMEL: WHEN TO SAY

Saying HaGomel within 30 Days

Say ha'gomel within three days of the event; b'di'avad, it is OK to say it within 30 days.

Say HaGomel When You Can Walk Normally

You may say ha'gomel after recovering from a serious illness once you are able to walk around normally.

HAGOMEL: FOR WHOM TO SAY

For Whom To Say HaGomel

Don't say ha'gomel for anyone other than yourself (not even for your spouse or children). Likewise, one person may not exempt the entire congregation for ha'gomel except b'di'avad. But when an entire congregation says ha'gomel, use “*gemalanu*.”

HAGOMEL: WOMEN

Women and HaGomel

Women customarily do not say ha'gomel. A woman does not say ha'gomel after childbirth.