

# FORE-BLESSING: WHICH GRAINS: NON-FIVE GRAINS: MEZONOT/NON-MEZONOT COMBINATIONS

## Fore-Blessing: Which Grains: Mezonot/Non-Mezonot Combinations: Ice Cream Cone

The fore-blessing for ice cream cones depends on which part you prefer to eat:

**SITUATION 1** You like the ice cream more than the cone and would eat it without the cone.

**WHAT TO DO** Say the fore-blessing of *she'hakol*.

**NOTE** *She'hakol* covers the cone.

After-blessing

- *Borei nefashot* if you eat at least 1.3 fl. oz. (39 ml, or 1/6 cup--including cone, if you eat the cone) within four minutes.
- No blessing if you eat less than 1.3 fl. oz. in four minutes.

**SITUATION 2** You like the cone and the ice cream equally.

**WHAT TO DO** Say *borei minei mezonot* (this will cover the ice cream).

After-blessing

- *Al ha' michya* if you eat at least 1.3 fl. oz. (39 ml, or 1/6 cup of ice cream plus cone) within four minutes.
- No blessing if you eat less than 1.3 fl. oz. in four minutes.

**SITUATION 3** The cone is sweet and you ALSO like the ice cream as much as the cone.

**WHAT TO DO**

- Say *she'hakol* on the ice cream.
- When you get to the cone, add *borei minei mezonot*.

After-blessing

- *Borei nefashot*.
- Also say *al ha'michya* if the cone totaled at least 1.3 fl. oz. (39 ml, or 1/6 cup) and you ate it within four minutes.

## Fore-Blessing: Which Grains: Mezonot/Non-Mezonot Combinations: Pie

Normally, for a pie say:

Fore-Blessing

Fore-blessing of *borei minei mezonot*, even if it contains less than 1.3 fl. oz. (39 ml, or 1/6 cup) of flour.

After-Blessing

To say the after-blessing, *al ha'michya*, you must eat a total volume of at least 1.3 fl. oz.--even if the flour was a minority of the ingredients.

However, if you prefer the filling to the crust (if you would not eat the crust by itself), say the appropriate fore-blessing over the filling, such as:

- *She'hakol* (after-blessing: *borei nefashot*), or
- *Borei pri ha'eitz* (after-blessing if on more than 1.3 fl. oz. of the *Five Special Fruits*--figs, dates, grapes, or pomegranates: *al ha'eitz*.

## Fore-Blessing: Which Grains: Mezonot/Non-Mezonot Combinations: Turkey with Bread Stuffing

**SITUATION** You will eat bread stuffing with turkey. The bread stuffing has at least one chunk of bread at least 1.3 fl. oz. in volume.

**WHAT TO DO** Wash and say *ha'motzi*. If you eat at least 1.3 fl oz of the stuffing, say *birkat ha'mazon*

afterward.

**SITUATION** You will eat bread stuffing with turkey. There is NOT at least one chunk of bread at least 1.3 fl. oz. in volume.

**WHAT TO DO** Do not wash and say *ha'motzi*, and do not say *birkat ha'mazon* (unless you eat enough to constitute a full meal). However, if you enjoy the stuffing as much as the turkey or will eat some stuffing by itself, say *borei minei mezonot*.